

This guide is designed for the intermediate dancer. You may want to go a half size larger if you are a beginner or for a smaller size if you are an open dancer.
The measurements given are for the foot length we recommend for each size and DOES NOT indicate the length of the pump as your toes should be slightly curled when first worn. Please note that this is a guide and does not guarantee the correct fit. To use: Measure your foot and choose the closest size to that measurement. If your foot measurement is between lengths then adjust for your type of foot or preferred fit.
For example, if you have a wide foot, a high instep or are a beginner then go for the size above your foot measurement. If you have a narrow foot or like your pumps very tight to begin with, then go for the size below your measurement.

| Size | Foot Measurement (mm) |
| :---: | :---: |
| 10 | 178 |
| 10.5 | 181 |
| 11 | 183 |
| 11.5 | 189 |
| 12 | 196 |
| 12.5 | 200 |
| 13 | 205 |
| 13.5 | 208 |
| 1 | 211 |
| 1.5 | 215 |
| 2 | 217 |
| 2.5 | 219 |
| 3 | 223 |
| 3.5 | 226 |
| 4 | 232 |
| 4.5 | 237 |
| 5 | 242 |
| 5.5 | 245 |
| 6 | 249 |
| 6.5 | 253 |
| 7 | 257 |
| 7.5 | 265 |
| 8 | 268 |
| 8.5 | 271 |
| 9 | 276 |
| 9.5 | 281 |
| 10 | 285 |
| 10.5 | 288 |
| 11 | 294 |
| 12 | 303 |

